Well-being for Education Return
Training Programme

Session 1   **Key Messages and introduction of the training and the model**

This is a session for all Designated Senior Leads for Mental Health (DSLMH) to attend.

The training will introduce the Mind Ed and Anna Freud training programme and specifically the 5 R's model to aid whole school, all age recovery to events such as the Covid-19 pandemic and subsequent lockdowns.

There will be 4 sessions planned, all extremely similar, but with a focus on primary, secondary, special and mixed.

Date and time	Focus
3.11.20 at 4-5pm	Primary
4.11.20 at 4-5pm	Secondary
5.11.20 at 4-5pm	Special
9.11.20 at 12-1pm	Mixed

Q&A Sessions   **Understanding the training videos**

Each week, following the initial introductory training, new videos will be released onto the website https://emotionallyhealthyschools.org/community/wellbeing-for-education-return/. Following each video release, schools have the opportunity to attend a Q&A to support their rollout of the video to school staff. The following sessions are available:

Date and time	Focus
13.11.20 at 3-4pm	Videos 1-2
20.11.20 at 3-4pm	Videos 3-4
27.11.20 at 3-4pm	Videos 5-6
4.12.20 at 3-4pm	Videos 7-9

Session 2   **Applying the learning to the school context**

This is a final session for the DSLMH, or whoever is taking the lead for this training. This is a workshop session to support schools with embedding the training programme in to their school context.

There will be 4 sessions planned, all extremely similar, but with a focus on primary, secondary, special and mixed.

Date and time	Focus
9.12.20 at 4-5pm	Primary
10.12.20 at 4-5pm	Secondary
15.12.20 at 4-5pm	Special
16.12.20 at 12-1pm	Mixed

To book onto any of these sessions please email jayne.hadfield@derby.gov.uk with the name and email address of the participant to enable the link to be forwarded.