



Emotionally Healthy Schools

Thank you to all schools

What an incredible couple of years!

Thank you to each and every school for your wonderful support to the project and to the Emotionally Healthy Schools team here at Redwood Primary school. Of course, we could never have predicted just how important this project would be and you have all risen to the challenge.

We have met and exceeded all expectations for this project and the outcomes have been incredible. **Every single school in Derby City has committed to developing mental health.** Not one of you opted out. Out of the 104 schools who were initially eligible for this programme, 106 completed diagnostic tools and **107 trained a Designated Senior Lead for Mental Health**, with schools outside the initial remit asking to also be part of it. 76 have gone for the full mental health in schools award, with **6 achieving the gold.**

Over 300 teaching staff have attended our workshops and networks, with nearly **1000 watching our recordings.** We've had some of the world experts on school mental health talk to us exclusively, such as **Prof. Barry Carpenter, Dr. Dan Siegel, Natasha Devon and Dr. Frances Maratos.** Special thanks also go to Jill Mahon from Trauma Informed Schools UK, who gifted their time to talk to us and to support some of our schools affected by fires this term.

91 schools have chosen to submit their school action plans in order to access grant funding for their schools and we have given some funding to every single school in Derby, with **£141,000 in initial grants and a further £86,000** in additional, competitive grant funding. This includes whole school training, books and resources, mental health first aid, developing nurture provisions and outdoor learning environments and much, much more.

Derby is now very much on the map for having some of the very best practice in the country for school mental health and wellbeing.

"Without doubt the Derby Emotionally Healthy Schools website is leading the way!" - Dean Johnstone, CEO of Minds Ahead

Our website has been recognised as one of the best of its kind, with between 3000-4000 unique visits each month, 176 members and 85% rating 4 or 5 stars out of 5 since its inception.

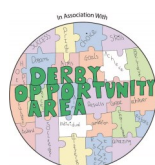
This is a hugely valuable resource for our Derby schools and has become all the more important as we move to a more virtual way of working.

Our most popular pages include: [The Leuven Scale](#); [A Recovery Curriculum](#) and [Risk and Protective Factors](#). The website is a legacy for Derby.

'Lots of resources and downloadable information. Easy to access and navigate'

'Clear, accessible and relevant information'

'Enabled good links to be located to point colleague in the right direction'



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Minds
Ahead



18 December 2020

www.emotionallyhealthyschools.org



DERBY COUNTY
Community Trust

Keep an eye on the website! This will now be managed by DCCT.

Find out more about DCCT on their website:

www.derbycountycommunitytrust.com

What have schools said?

"This has been like a sleeping giant. I have always wondered what that missing part was... This project has woken this sleeping giant."

"Massive, massive, massive, massive. This has been one of the biggest personal shifts in my career; the impact on the staff has been significant. It has empowered me to be able to use a vehicle to drive through changes that were absolutely necessary. I always knew that these were important things but now I know why they are important."

"At the start I was just thinking about the children. Now we are seeing it much more as a bigger picture, and it's not something that is one or two people's role, it's got to be that culture in school and it has to be something that we continue, whether we got the award or not, this is a really important issue"

A special thank you goes to:

The Mental Health Steering Group
The Virtual School
Everyone at the CCG
Everyone at Redwood School, particularly to Jagjit Nagra, Diane Page, Eleanor White and to Lyndsey Shepherd
Chris Batten,
The team at SDSA
The University of Derby
The Carnegie School of Education and their Derby Schools team
The Opportunity Area Board
All the DSLMHs
Jane Calladine, for your leadership

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