



Emotionally Healthy Schools

A new role for schools during Covid-19

Over the last few weeks, the role of schools has changed from centers of education, to virtual hubs, food delivery services and emotional support to families. As a result, we have agreed that your award with Leeds Beckett can be extended to December. However, we are yet to hear about funding being extended, so please still work on developing your action plans for funding.

The professional and personal challenges will inevitably take a heavy toll on us. Please remember our staff zone for information and support with your own wellbeing and that of your workforce. Please also visit the [community](#) area of the website with specific information relating to supporting your school and community mental health at this time.

REMEMBER: Qwell and Kooth are available for parents and young people aged 11+. To access support, please visit either www.kooth.com or www.qwell.io and sign up

Please help us to understand how the website works/ doesn't work for you so we can improve

If you have any time to spare, then please could you complete this [online survey monkey](#).

It should take you between 5 and 20 minutes, depending on how much detail you can add to it and it would really help us to ensure the website is doing what we need it to do. We need this website to work for your needs now more than ever.

If you have anything that might be helpful to share with other schools here, on the website, or via our new blog, please contact me:

Ingrid Sanfey on 07956 308857 or email ingrid.sanfey@redwood.derby.sch.uk

Monday 20 April 2020



Follow us on Twitter!
[@DerbyEHS](https://twitter.com/DerbyEHS)

If you're not already part of our forum, and are from a Derby City school, then please do sign up here: emotionallyhealthyschools.org

RESOURCES

Public Health England: [Guidance for the public on the mental health and wellbeing aspects of coronavirus \(COVID-19\)](#)

New daily lessons for years 1 to 10 from BBC Bitesize: <https://www.bbc.co.uk/bitesize/dailylessons>

Children's Commissioner Digital 5 a Day to support families with digital use and it's links to wellbeing: <https://www.childrenscommissioner.gov.uk/our-work/digital/5-a-day/>

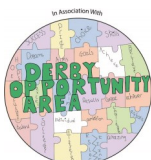
BBC Children's and Parenting newsletter: Click [here](#) to sign up

BLOG

I am collecting stories from schools in Derby to share via a new blog. I will be getting in touch with you shortly, but in the meantime, please get in touch if you are happy to share something.

You can see the blog [here](#).

Our next network is due to take place on 30 April. Please keep a space in your diary for this event and I will be in touch shortly with more instructions.



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