



Emotionally Healthy Schools

Autumn Term, Oct 2019

All Derby City schools have now commenced training a Designated Senior Lead for Mental Health

We are proud that every school has made this commitment to attend the training, creating a network of leaders across the City, working together to improve the mental health of children and young people. From now on, we will have case studies in the newsletters to showcase some of the fantastic work that is being achieved in Derby as part of this wide reaching project.

Grant funding applications are now open to the first wave of schools

If your school is in cohorts 1 and 2, then please submit your action plans specifying how you expect to spend your funding. Deadline for submission is 25 October. Please remember to show the impact of the activities on the whole school and think about costing for time away from the classroom to implement learning from training.

For help and suggestions, have a look at the forum:
<https://emotionallyhealthyschools.org/members/>

Did you know that MHFA training is free for Derby Schools? For more information and to book a place click [here](#)

If you haven't already, please check out our website:
www.emotionallyhealthyschools.org

If you are from a Derby City school, then please also register to the forum. We would appreciate your feedback, which you can send to Ingrid in reply to this email or to Chris, Project Officer:
chris.batten@redwood.derby.sch.uk

(if you haven't received your email confirmation, please check your junk mail!)

If you're not sure if you're signed up to the programme, or for any more information please contact Ingrid Sanfey, Project Manager on 07956 308857 or email ingrid.sanfey@redwood.derby.sch.uk.

For training information contact derbyschools@leedsbeckett.ac.uk

Welcome to the first newsletter of the academic year.

Case Studies

City of Derby Academy
DSLHM: Pam Bancroft

City of Derby Academy (CODA) have introduced some small changes that make a huge difference to the way their school makes you feel.

One of the most noticeable is the replacement of a traditional bell for between classes, which has been replaced by music. The music is upbeat and plays for as long as it's expected to take to walk the corridors to the next class. The result is that pupils are more motivated and uplifted between classes.

The cumulative effect of all these small changes, result in pupils feeling calmer, better valued and motivated to achieve in school.

Click [here](#) to find out more.

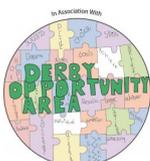
Silverhill Primary School,
DSLHM: Andrew Gallagher

Silverhill Primary school used the Emotionally Healthy Schools Project as an opportunity to re-brand their school ethos and values around wellbeing, before moving on to developing their action plan. Andrew Gallagher, Headteacher and Designated Senior Lead for Mental Health (DSLHM) took inspiration from the quote: "They may forget what you said, but they'll never forget how you made them feel."

Click [here](#) to find out more.

If your school is doing something great, please share it by emailing us or posting it on the website forum!

Don't forget to attend the DSLMH Network Day on Thursday 10 October at 9:30am-12 pm at Pride Park



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