



Emotionally Healthy Schools

Autumn Term, Nov 2019



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Our network met for the second time on World Mental Health Day

Thank you to those schools who joined us at Pride Park on World Mental Health Day in October. We heard from Parkview Primary school and City of Derby Academy about what they've been doing within their schools to improve emotional health and wellbeing. We also heard from Future in Mind, Action for Children, Xenzone and the Emotionally Healthy Schools Project for updates on the project and on local services.

The next one will be on 4 February 2020. More information to follow!



£40,000 has already been paid out to schools, so that they can start to implement their action plans

We've already seen some amazing initiatives from schools seeking to use their funding for whole school activities to improve wellbeing. Some activities include: [Mental Health First Aid](#) (youth and adults); [Nurture provision and resources](#); [Specialist training for Teaching Assistants](#) and [Staff Well-being initiatives](#)

For more tips and ideas on how to spend grant money, please sign up to the website: www.emotionallyhealthyschools.org

All outputs from workshops are now being put on the forum so that everyone can benefit from the learning. Please click [here](#) to view.

Dates for the diary:

- 14 November to 29 January: series of 1/2 day workshops for cohorts 3 & 4
- 20 November: MH Working Group (by invitation only)
- 22 January: Cohort 3 DSLMH Day 2
- 23 January: Cohort 4 DSLMH Day 2
- 4 February: DSLMH Network

If you're not already part of our forum, then please do sign up here: emotionallyhealthyschools.org
You must be from a participating school in Derby in order to take part.

QUICK POLL

Please choose multiple dates!

Which date(s) could you attend a full day celebration event?

Monday 6 July 2020

Thursday 9 July 2020

Friday 10 July 2020

vote

School in focus:

Dale Community Primary School and Stonehill Nursery School

DSLHM: Louise Foster, Headteacher

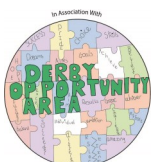
Before joining Cohort 1 of the programme, both schools were already investing in CPD on wellbeing for their staff and so were able to use the Emotionally Healthy Schools Programme to review their strengths and weaknesses in this area and to build on existing foundations.

The schools have now accessed the first two grants available and used the money to top up their own investment and obtain resources that will allow the learning to be implemented and become business as usual within the settings.

Click [here](#) to read more about how these schools have spent their grant funding.

For more information please contact Ingrid Sanfey, Project Manager on 07956 308857 or email ingrid.sanfey@redwood.derby.sch.uk

For training information contact derbyschools@leedsbeckett.ac.uk



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