

Derby City Emotionally Healthy Schools Project

DERBY
PRIMARY
STRATEGY
GROUP
PROMOTING OPPORTUNITY



SECONDARY
STRATEGY
GROUP



LEEDS BECKETT UNIVERSITY
CARNEGIE SCHOOL OF EDUCATION



Minds
Ahead

Thank you to the 65 schools who attended our first DSLMH Network Event during Mental Health Awareness Week.

This was the first of what will now be a termly event and an opportunity to bring all of Derby's schools together to talk about emotional health and wellbeing in our schools. The agenda included presentations from the NHS and local children's services. We also heard from local schools, who shared their own experiences in developing emotional health and wellbeing strategies for their schools.

Feedback was mixed as to whether you want this to continue to be a mixed phase event, or split into Primary/Secondary. We will look at ways to compile an agenda that takes all of your views into account.

Please see [here](#) for some coverage of the event.

The feedback was largely positive, with schools appreciating the overview of mental health services in Derby and also hearing from other schools who have already started the programme:

"The school sharing their positives was really useful and shows that there are different ways to approach this"

"Good to hear about developments with (health)"

"Useful to hear how other schools are developing mental health in their schools"

Summer Term, May 2019



What's Happening in Derby?

The website design is now complete!

We're really pleased with the new logo and design for the website. You can click [here](#) for a peek!

If you have any information that you would like to add to the website, or any other tools you use in school and you think we should put on there, please email it over to Ingrid.sanfey@redwood.derby.sch.uk.

Cohorts 3 and 4 should expect to receive their diagnostics shortly

For those of you who are yet to start on the programme, please keep an eye out for an email on 26 June from colleagues at Leeds Beckett University. You should then receive your welcome pack and instructions.

Derby Opportunity Area Celebration Event on 13 July

Come and see the Emotionally Healthy Schools Project and the University of Derby at the OA Celebration Event in Derby Market Square between 3 and 6 pm on 13 July!

We will be making animals, growing an emotion tree and talking to the public about our project.

Upcoming Training and Resources

Please see attached information about upcoming ACES Training and Building Resilience Conference!

Please also click [here](#) for some free resources that you may or may not be aware of.

If you're not sure if you're signed up to the programme, or for any more information please contact Ingrid Sanfey, Project Manager on 07956 308857 or email ingrid.sanfey@redwood.derby.sch.uk

To book onto training, please contact derbyschools@leedsbeckett.ac.uk