



# Emotionally Healthy Schools

Summer Term, July 2019

Welcome to the final newsletter of this academic year.

## Upcoming Training

**38 schools now have a fully trained Designated Senior Lead for Mental Health in their school!**

And every other state funded or local authority school in the City, is due to follow shortly, with the next wave of training starting on 25 and 26 September. If you're not sure which training date you're booked on, please get in [touch](#).

*97% of attendees felt that their confidence has improved and we have already seen increased confidence from schools in their ability to support children and young people in their schools around their mental health.*

**Grant funding applications are now open to the first wave of schools**

The first 38 schools to have completed the training, are now eligible to claim their £1000. To do this, please submit your action plan to Leeds Beckett and ensure you include details of how you plan to spend this money. You will also need to show that you have a mental health policy in place and a mental health Governor. Please get in [touch](#) if you need further help or guidance.

Don't forget, you can apply for more than £1000 by using the attached application form!

**The next DSLMH Network day is planned for Thursday 10 October at 9:30 am**

More details are to follow, but confirmed speakers include the new Targeted Early Intervention Service, run by Action for Children. Please put the date in your diaries now!

If you're not sure if you're signed up to the programme, or for any more information please contact Ingrid Sanfey, Project Manager on 07956 308857 or email [ingrid.sanfey@redwood.derby.sch.uk](mailto:ingrid.sanfey@redwood.derby.sch.uk)

To book onto training, please contact [derbyschools@leedsbeckett.ac.uk](mailto:derbyschools@leedsbeckett.ac.uk)

### Notice from Dale Primary School:

In order to share our approach and practice with local schools, we are facilitating three training workshops led by Asmaa Ahmed (Mental Health and Trauma Informed Practitioner). These workshops are designed to empower school staff and child-serving professionals to understand the needs of Primary School students who have experienced trauma or have a mental health issue. Delegates will learn to respond to and understand trauma triggered behaviour as well as to learn about what happens in Trauma and Mental Health Informed schools in terms of key relational approaches and interventions to positively impact the whole school culture.

Sessions are **free** and will run on 18<sup>th</sup> September, 25<sup>th</sup> September, 2<sup>nd</sup> October and 8<sup>th</sup> October from 9.15-11.15am at Dale Community Primary School, Derby.

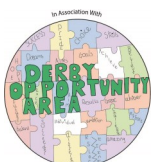
To book a place, please contact the school Office on (01332) 760070 or [admin@dale.derby.sch.uk](mailto:admin@dale.derby.sch.uk)

### Compassion in Schools for Educators Event — November 8th 2019

Register before 31 July for Early Bird discount! Details attached and [here](#).

**Nottingham City SHARP (Self-harm Awareness & Resource Project) Programme** — Please find brochure for their training attached.

**SEND Materials are now ready and available to view [here](#).**



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Ahead

