











## Training & Events Newsletter – 23.03.21

All courses are fully funded by NHS Derby and Derbyshire CCG

To view further information, please click on the session title

If you have any queries, please email [Training.Events@derbyshire.gov.uk](mailto:Training.Events@derbyshire.gov.uk)

	<p><b><u>Through the Kids Eyes</u></b>          Hosted by Nick Barwick          Wednesday 24 March 2021 10:00 - 13:30  <b>** now open to Foster Carers and children's services professionals, as well as schools**</b></p>
	<p><b><u>Online Safety for Parents and Carers</u></b>          Hosted by Traci Good          Wednesday 24 March 2021 10:30 - 12:00  <b>This session is now fully booked, please join the waiting list</b></p>
	<p><b><u>Shift Happens</u></b>          Hosted by Jason Todd from 'Art of Brilliance'          Wednesday 24 March 2021 12:00 – 13:00</p>
	<p><b><u>Online Safety for Professionals</u></b>          Hosted by Traci Good          Thursday 25 March 2021 10:00 - 12:30  <b>This session is now fully booked, please join the waiting list</b></p>
	<p><b><u>From Mental Health to Mental Wealth</u></b>          Hosted by Kev House from 'Art of Brilliance'          Thursday 25 March 2021 12:00 - 13:00</p>
	<p><b><u>Monthly Mindfulness</u></b>          Hosted by Nikki Ayles from 'Art of Brilliance'          Friday 26 March 2021 14:00 - 15:00</p>
	<p><b><u>Online Safety for Parents and Carers</u></b>          Hosted by Traci Good          Tuesday 30 March 2021 10:30 - 12:00  <b>This session is now fully booked, please join the waiting list</b></p>
	<p><b><u>Through the Kids Eyes (For Foster Carers and Social Care Professionals)</u></b>          Hosted by Nick Barwick          Tuesday 20 April 2021 10:00 - 13:30  <b>This session is now fully booked, please join the waiting list</b></p>
















To book a session, please visit [derbyandderbyshireemotionalhealthandwellbeing.uk](http://derbyandderbyshireemotionalhealthandwellbeing.uk) and search for the course title. For any queries, please email [training.events@derbyshire.gov.uk](mailto:training.events@derbyshire.gov.uk)



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	<p><b><u>Online Safety for Professionals</u></b>  Hosted by Traci Good  Wednesday 21 April 2021 10:00 - 12:30  <b>This session is now fully booked, please join the waiting list</b></p>
	<p><b><u>The Art of Being Brilliant</u></b>  Hosted by Andy Cope from 'Art of Brilliance'  Thursday 22 April 2021 15:45 – 16:45</p>
	<p><b><u>The Art of Being Brilliant (for Derbyshire and Derby City Foster Carers)</u></b>  Hosted by Kev House from 'Art of Brilliance'  Tuesday 27 April 2021 11:00 - 13:00</p>
	<p> <b>NEW</b>  <b><u>Difficult Conversations and Positive Challenge</u></b>  Hosted by Lee Morris &amp; David Tomkinson from &amp;Partnership  Tuesday 27 April 2021 13:30 – 15:00</p>
	<p><b><u>The Art of Being Brilliant</u></b>  Hosted by Jason Todd from 'Art of Brilliance'  Wednesday 28 April 2021 17:30 – 18:30</p>
 	<p><b><u>Thinking Fast and Slow – What Influences the Decisions We Make</u></b>  Hosted by Ian Kay  Thursday 29 April 2021 11:30 – 13:00</p>
	<p><b><u>Monthly Mindfulness</u></b>  Hosted by Jonathan Peach from 'Art of Brilliance'  Friday 30 April 2021 14:00 - 15:00</p>
	<p><b><u>Trauma Informed Self and Collective Care</u></b>  Delivered by Lisa Cherry  Tuesday 4 May 2021 10:00-12:00</p>
	<p><b><u>The Art of Being Brilliant</u></b>  Hosted by Jason Todd from 'Art of Brilliance'  Wednesday 5 May 2021 11:00 - 13:00</p>
	<p> <b>NEW</b>  <b><u>An Introduction to Positive Behaviour Support</u></b>  Hosted by Charles Lynn  Friday 7 May 2021 09:30 – 12:00</p>


















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 	<p><b><u>Thinking Fast and Slow – What Influences the Decisions We Make</u></b>  Hosted by Ian Kay  Tuesday 11 May 2021 09:30 – 11:00  <b>This session is now fully booked, please join the waiting list</b></p>
	<p><b><u>Online Safety for Parents and Carers</u></b>  Hosted by Traci Good  Wednesday 12 May 2021 10:30 – 12:00</p>
	<p> <b>NEW</b>  <b><u>Difficult Conversations and Positive Challenge</u></b>  Hosted by Lee Morris &amp; David Tomkinson from &amp;Partnership  Tuesday 25 May 2021 10:00 – 11:30</p>
	<p> <b>NEW</b>  <b><u>An Introduction to Positive Behaviour Support</u></b>  Hosted by Charles Lynn  Friday 28 May 2021 09:30 – 12:00</p>
	<p><b><u>Monthly Mindfulness</u></b>  Hosted by Martin Burder from 'Art of Brilliance'  Friday 28 May 2021 14:00 - 15:00</p>
	<p><b><u>Relationships: Paving the way for transitioning into adulthood</u></b>  Delivered by Lisa Cherry  Tuesday 8 June 2021 14:00-16:00</p>
 	<p><b><u>Thinking Fast and Slow – What Influences the Decisions We Make</u></b>  Hosted by Ian Kay  Monday 14 June 2021 14:00 – 15:30</p>
	<p> <b>NEW</b>  <b><u>Difficult Conversations and Positive Challenge</u></b>  Hosted by Lee Morris &amp; David Tomkinson from &amp;Partnership  Tuesday 22 June 2021 10:00 – 11:30</p>
	<p><b><u>Monthly Mindfulness</u></b>  Hosted by Martin Burder from 'Art of Brilliance'  Friday 25 June 2021 14:00 – 15:00</p>
	<p><b><u>Monthly Mindfulness</u></b>  Hosted by Martin Burder from 'Art of Brilliance'  Friday 30 July 2021 14:00 – 15:00</p>



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## E-learning Opportunities

### National Autistic Society Autism E-learning modules

We still have a few licenses left for our range of autism e-learning modules hosted by the National Autistic Society:

- [Understanding Autism](#)
- [Autism, Stress and Anxiety](#)
- [Autism: Supporting Families](#)
- [Safeguarding Autistic Children](#)
- [Women and Girls on the Autism Spectrum](#)

This training is open to parents and carers as well as professionals working with autistic children in Derbyshire and Derby City. If you work with a child who you think may have autism, or who has (or is awaiting) a diagnosis, please click to view the flyers above and decide which module/s would be useful to you. Each module covers a different autism theme and you can apply to do as many as you like.

*Please note: all licenses for autism modules must now be redeemed within 30 days of being allocated. (After you redeem a license, you still have 6 months to complete it).*

### Mental Capacity Act and DOLS E-learning course

Fully funded by NHS Derby and Derbyshire CCG and delivered online by 'Careskills Academy', this Level 2 and 3 CPD certified e-learning course will introduce you to **the Mental Capacity Act (MCA) and Deprivation of Liberty Safeguards (DOLS)** and can be done any time.

This course will:

- Outline the **Mental Capacity Act 2005 (MCA)**
- Explain the term 'capacity' and identify who is affected by the legislation
- Explore the five statutory principles of the MCA and good practice in supporting an individual to make decisions
- Describe the two-stage test for assessing capacity and who should be involved in the capacity assessment
- Explain the role of the Mental Capacity Advocate, the Court of Protection and the Lasting Power of Attorney
- Outline and examine the **Deprivation of Liberty Safeguards (DOLS)**
- Explore the meaning of the term 'deprivation of liberty'
- Explain the difference between restriction, restraint and deprivation of liberty
- Outline the purpose of the DOLS and how to make an application if an individual is being deprived of their liberty.

To apply for a licence (allocated on a first come, first served basis), [click this link](#) to complete the booking form and email it to [training.events@derbyshire.gov.uk](mailto:training.events@derbyshire.gov.uk)



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## Now Live

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- 1- We have teamed up with 'The Art of Brilliance' to bring you some 5-minute wellbeing podcasts, available to listen to by visiting [derbyandderbyshireemotionalhealthandwellbeing.uk](http://derbyandderbyshireemotionalhealthandwellbeing.uk), selecting 'Training & Events' then 'Event Resources'



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