



Derby & Derbyshire









Emotional Health & Wellbeing

Training & Events Newsletter – 08.04.21

All courses are fully funded by NHS Derby and Derbyshire CCG

To view further information, please click on the session title

If you have any queries, please email Training.Events@derbyshire.gov.uk





	<p><u>Through the Kids Eyes (For Foster Carers and Social Care Professionals)</u> Hosted by Nick Barwick Tuesday 20 April 2021 10:00 - 13:30 This session is now fully booked, please join the waiting list</p>
	<p><u>Online Safety for Professionals</u> Hosted by Traci Good Wednesday 21 April 2021 10:00 - 12:30 This session is now fully booked, please join the waiting list</p>
	<p><u>The Art of Being Brilliant</u> Hosted by Andy Cope from 'Art of Brilliance' Thursday 22 April 2021 15:45 - 16:45</p>
	<p><u>The Art of Being Brilliant (for Derbyshire and Derby City Foster Carers)</u> Hosted by Kev House from 'Art of Brilliance' Tuesday 27 April 2021 11:00 - 13:00</p>
	<p><u>Difficult Conversations and Positive Challenge</u> Hosted by Lee Morris & David Tomkinson from &Partnership Tuesday 27 April 2021 13:30 - 15:00</p>
	<p><u>The Art of Being Brilliant</u> Hosted by Jason Todd from 'Art of Brilliance' Wednesday 28 April 2021 17:30 - 18:30</p>
	<p><u>Thinking Fast and Slow – What Influences the Decisions We Make</u> Hosted by Ian Kay Thursday 29 April 2021 11:30 - 13:00</p>
	<p><u>Monthly Mindfulness</u> Hosted by Jonathan Peach from 'Art of Brilliance' Friday 30 April 2021 14:00 - 15:00</p>

To book a session, please visit derbyandderbyshireemotionalhealthandwellbeing.uk and search for the course title. For any queries, please email training.events@derbyshire.gov.uk



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	<p><u>Trauma Informed Self and Collective Care</u> Delivered by Lisa Cherry Tuesday 4 May 2021 10:00 - 12:00</p>
	<p><u>The Art of Being Brilliant</u> Hosted by Jason Todd from 'Art of Brilliance' Wednesday 5 May 2021 11:00 - 13:00</p>
	<p><u>An Introduction to Positive Behaviour Support</u> Hosted by Charles Lynn Friday 7 May 2021 09:30 - 12:00</p>
	<p><u>Thinking Fast and Slow – What Influences the Decisions We Make</u> Hosted by Ian Kay Tuesday 11 May 2021 09:30 - 11:00 This session is now fully booked, please join the waiting list</p>
	<p><u>Online Safety for Parents and Carers</u> Hosted by Traci Good Wednesday 12 May 2021 10:30 - 12:00</p>
	<p><u>Sabre Tooth Tigers and Teddy Bears (For Derbyshire and Derby City Foster Carers with children aged 0-5)</u> Hosted by Dr Suzanne Zeedyk Wednesday 19 May 2021 10:00-12:00</p>
	<p><u>Difficult Conversations and Positive Challenge</u> Hosted by Lee Morris & David Tomkinson from &Partnership Tuesday 25 May 2021 10:00 - 11:30</p>
	<p><u>An Introduction to Positive Behaviour Support</u> Hosted by Charles Lynn Friday 28 May 2021 09:30 - 12:00</p>
	<p><u>Monthly Mindfulness</u> Hosted by Martin Burder from 'Art of Brilliance' Friday 28 May 2021 14:00 - 15:00</p>
	<p><u>Relationships: Paving the way for transitioning into adulthood</u> Delivered by Lisa Cherry Tuesday 8 June 2021 14:00 - 16:00</p>



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 	<p><u>Thinking Fast and Slow – What Influences the Decisions We Make</u> Hosted by Ian Kay Monday 14 June 2021 14:00 - 15:30</p>
	<p><u>Difficult Conversations and Positive Challenge</u> Hosted by Lee Morris & David Tomkinson from &Partnership Tuesday 22 June 2021 10:00 - 11:30</p>
	<p><u>Monthly Mindfulness</u> Hosted by Martin Burder from 'Art of Brilliance' Friday 25 June 2021 14:00 - 15:00</p>
	<p><u>Monthly Mindfulness</u> Hosted by Martin Burder from 'Art of Brilliance' Friday 30 July 2021 14:00 - 15:00</p>



E-learning Opportunities

National Autistic Society Autism E-learning modules

We still have a few licenses left for our range of autism e-learning modules hosted by the National Autistic Society:

- [Understanding Autism](#)
- [Autism, Stress and Anxiety](#)
- [Autism: Supporting Families](#)
- [Safeguarding Autistic Children](#)
- [Women and Girls on the Autism Spectrum](#)

This training is open to parents and carers as well as professionals working with autistic children in Derbyshire and Derby City. If you work with a child who you think may have autism, or who has (or is awaiting) a diagnosis, please click to view the flyers above and decide which module/s would be useful to you. Each module covers a different autism theme and you can apply to do as many as you like.

Please note: all licenses for autism modules must now be redeemed within 30 days of being allocated. (After you redeem a license, you still have 6 months to complete it).

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Mental Capacity Act and DOLS E-learning course

Fully funded by NHS Derby and Derbyshire CCG and delivered online by 'Careskills Academy', this Level 2 and 3 CPD certified e-learning course will introduce you to **the Mental Capacity Act (MCA) and Deprivation of Liberty Safeguards (DOLS)** and can be done any time.

This course will:

- Outline the **Mental Capacity Act 2005 (MCA)**
- Explain the term 'capacity' and identify who is affected by the legislation
- Explore the five statutory principles of the MCA and good practice in supporting an individual to make decisions
- Describe the two-stage test for assessing capacity and who should be involved in the capacity assessment
- Explain the role of the Mental Capacity Advocate, the Court of Protection and the Lasting Power of Attorney
- Outline and examine the **Deprivation of Liberty Safeguards (DOLS)**
- Explore the meaning of the term 'deprivation of liberty'
- Explain the difference between restriction, restraint and deprivation of liberty
- Outline the purpose of the DOLS and how to make an application if an individual is being deprived of their liberty.

To apply for a licence (allocated on a first come, first served basis), [click this link](#) to complete the booking form and email it to training.events@derbyshire.gov.uk



Now Live

- 1- **Brilliant Me** – Easter Webinars now live to support Derbyshire children and young people's wellbeing during the Easter holidays. Available from 02.04.21 to 19.04.21. Click on 'Training & Events', 'Events Resources' then 'Webinars'.
- 2- **Partner Training** – From Autism to Mental Health and Wellbeing, explore the training available through partner organisations. Click on 'Professionals', 'Parent/Carer' or 'Child/Young person', then 'Partner Training'. **Latest addition:** 'Introduction to Kooth and Qwell' for schools, parents/carers and professionals.
- 3- **Wellbeing Podcasts** - We have teamed up with 'The Art of Brilliance' to bring you short wellbeing podcasts, available on derbyandderbyshireemotionalhealthandwellbeing.uk, selecting 'Training & Events', then 'Events Resources'.

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